

TEENAGE CANCER TRUST.
Makes sure young people with cancer get the best possible care and support. Building and refurbishing Teenage Cancer Trust Units in Birmingham Hospitals. Funds required – £1 million. Needs your support right now.

TEENAGE CANCER TRUST APPEAL.

West Midlands

www.teenagecancertrust.org/westmidlands



TEENAGE CANCER TRUST



Mohammed. 20.* Loves the great outdoors and his girlfriend's curry. Hates boring jobs and the way cancer destroys your independence. Thinks TCT wards help teenagers socialise during treatment.

*Age at diagnosis

Teenagers don't stop being teenagers just because they get cancer.


Teenage Cancer Trust (TCT) makes sure that young cancer patients get the best possible care in hospital and the chance to do all the things that other teenagers do.

TCT funds specialist teenage cancer units in NHS hospitals. Our aim is to give every young person with cancer access to a unit – which means having 22 units by 2012.

As well as an existing unit at University Hospital Birmingham (Queen Elizabeth), we are building 2 new TCT units in the West Midlands which will cost us £3 million. We have to raise all of this money, so we need all the help we can get.

You can support us right now by making a contribution. We need to raise £1 million towards the cost of the units in the West Midlands, so all donations are appreciated.

SIX TEENAGERS IN THE UK WILL FIND OUT THAT THEY HAVE CANCER TODAY.



Gemma. 15.* Loves drama, dance, family and friends. Hates ungrateful people and having cancer. Wants somewhere teenagers can relax and share their experiences.

*Age at diagnosis


Teenage cancer facts

- 2,000 cases of teenage cancer are diagnosed in the UK every year – that's six today, six tomorrow and every day after
- One in 330 boys and one in 420 girls get cancer before they're 20 – that's between two and four cases for every secondary school in the UK
- Teenage cancer rates have increased by 50% in the last 30 years – there are now more teenagers with cancer than children with cancer in the UK
- Cancer is the number one cause of non-accidental death in teenagers in the UK

The Teenage Cancer Trust units in the West Midlands will support teenagers and young people from all over the West Midlands including Shrewsbury, Telford, Hereford, Worcester, Coventry, Staffordshire and Gloucestershire.

“Being diagnosed with cancer at such a young age was really hard. My time spent in TCT’s unit at the QE hospital was a real breath of fresh air for me as I was able to just be myself! It is a lot different to the adult ward, the mood is always upbeat and it doesn’t smell funny!”

Jasmine Sergeant, age 18, patient in Birmingham



Leanne. 15.* Loves singing, dancing, ice skating and shopping. Hates homework and losing her dignity because of cancer. Wants a TCT Unit that offers privacy and a place to have a laugh with people your own age.

*Age at diagnosis

Teenage Cancer Trust in the West Midlands

TCT is developing three units in the West Midlands over a two phase appeal. These will treat teenagers and young people from across the region, providing some of the best facilities and options in the country. A brand new unit will be built at the Birmingham Children's Hospital, for teenagers up to the age of 16. Building work is scheduled to start summer 2008 and is due to be completed in spring 2009.

In addition, TCT will be supporting the development of a recreational area and facilities for young people treated at the Royal Orthopaedic Hospital. These new facilities will be provided for 13-17 year old patients across the Midlands and parts of Northern England requiring diagnosis and treatment for bone related cancers. Phase two of this project will involve a new and exciting TCT unit for 17-24 year olds as part

of the planned specialist cancer unit at the University Hospital Birmingham (QE), due to be completed in 2010. This will replace the existing unit at the QE.

The TCT units will provide in-patient beds, day case facilities, open plan social and recreational areas, a kitchen and dining area for patients and their parents, digital lighting systems, broadband connectivity, cutting edge computing, gaming and entertainment equipment. They will also incorporate lots of innovative ideas about space and décor provided by the teenage cancer patients themselves.

The West Midlands TCT units will cost around £3 million to complete, with £1 million needing to be raised locally. **TCT needs *your* help to support teenage cancer patients in our region.**

“We are delighted that through Teenage Cancer Trust, we have the opportunity to make a positive difference to teenagers experiencing the challenge of cancer treatment. It is vital we meet the more specific needs of our teenagers and young people to aid their recovery during an already difficult time in their young lives.”

Dr David Hobin, Consultant Paediatric Oncologist, Birmingham Children's Hospital

Teenage Cancer Trust facts: what we do

Teenage Cancer Trust funds specialist treatment units at NHS hospitals – places where teenagers can get on with being teenagers, while receiving the best possible medical treatment in a recognised centre of excellence.

TCT's aim is to open 14 additional units by 2012, giving every teenage cancer patient easy access to a TCT unit no matter where they live.

TCT helps teenagers with cancer and their families in other ways too:

- We provide a Family Support Network to help parents and siblings of teenage cancer patients
- We fund a Professor of Teenage and Young Adult Cancer
- We sponsor medical training and conferences related to teenage cancer

- We sponsor an annual conference for 500 cancer-affected teenagers and young adults, to empower them as they fight the debilitating physical and psychological effects of cancer.

TCT also runs an education programme to teach young people about cancer, prevention and healthy living. Our ultimate goal is to teach every young person in the UK about cancer before they leave full-time education.

TCT already helps hundreds of teenage cancer patients across the UK – but 70% of young people with cancer still don't have access to a TCT unit.

TCT needs your support to do even more for teenagers with cancer. Find out more about what we do and how you can help at www.teenagecancertrust.org



TCT unit in London

TCT units in the West Midlands: how your money will make a difference

- Six fully fitted patient bedrooms, all complete with music system, interactive lighting and network connections to home and school – cost **£100,000** each
- A music therapy room, complete with mixing equipment, synthesizer and other musical instruments – total cost **£50,000**
- **£25,000** pays a professional Activity Co-ordinator's annual salary
- **£20,000** buys a fitted kitchen and diner for patients
- **£10,000** will fit out the parents' lounge and dining area
- **£3,000** buys a Juke Box
- **£2,500** to install the TCT unit's computer system
- Ten patient-controlled electric beds, essential during periods of critical illness, at **£2,000** each
- **£1,600** buys a top quality laptop
- A music centre or flat screen TV costs **£1,000** to buy and install
- Somewhere for relatives to sleep overnight – a sofa bed for **£650**
- **£500** puts a pool table in the social area
- **£300** buys a wardrobe and bedside unit
- **£100** for a microwave – great for cooking something hot at odd times of the day and night
- **£100** for a computer desk – **£800** for a computer to sit on it
- **£100** for a complete set of bed linen

NB. These are just a few examples of the many items you can sponsor on our units. Prices are approximations.

TCT units in the West Midlands: how you can help

Make a donation

It's your money we want of course! To make a donation just fill in and return the donation form. If you're a UK taxpayer you can also boost the value of your donation by choosing to 'Gift Aid' it. To make a donation online please go to www.justgiving.com/tctwestmidlands

There are lots of other ways you can help and support us too.

Become a fundraiser

Join in one of the many fundraising events we run throughout the year – or even better, organise your own. We'll tell you how on our website at www.teenagecancertrust.org

Become a corporate supporter

Put your business and your employees behind TCT. Make a corporate donation, organise fundraising events – it's a great way to motivate staff, build customer loyalty and to make a difference locally.

Invite a TCT speaker

Our Education Team is spreading the word about TCT and providing advice about cancer, prevention and healthy living. Why not invite us to your school, college, university, youth club or company?

Donate to celebrate

Ask friends or family to give to us as a gift to you. What better way to save the trouble of choosing yet another birthday, wedding or Christmas gift?

Be a TCT networker

If you think you know a corporate, media, education, health, political, sporting or celebrity contact who may be able to help us, we want to hear about it – right now!

Trusts and major donations

If you're a trustee of a charitable trust and think that the trust would like to make a donation to the TCT West Midlands appeal, please contact us for further information.

THE TCT UNITS IN THE WEST MIDLANDS WILL SUPPORT TEENAGERS AND YOUNG PEOPLE FROM ALL OVER THE REGION INCLUDING SHREWSBURY, TELFORD, HEREFORD, WORCESTER, COVENTRY, STAFFORDSHIRE AND GLOUCESTERSHIRE. HELP US RAISE THE £3 MILLION WE NEED TO MAKE THIS HAPPEN.

TCT West Midlands Appeal Donation Form

As a registered charity, Teenage Cancer Trust needs your help to improve the lives of teenagers with cancer. Please use this form to make a donation to the Teenage Cancer Trust West Midlands Appeal.*

Remember, even the smallest donation can help to make a very big difference for a teenager or young person with cancer.

I wish to donate: £20 £50 £100 Other amount £ _____

I enclose a cheque made payable to Teenage Cancer Trust £ _____

Please debit my Visa Mastercard Switch AMEX Delta Solo Caf Card

Card number _____ Issue number (if required) _____

Valid from _____ / _____ Expiry date _____ / _____

Signature _____ Date _____

Gift Aid

To increase the value of your donation by approximately 28% at no extra cost tick the box below:

I am a UK taxpayer and want TCT to treat this, my previous and future donations as Gift Aid donations until further notice.

NB: You must pay an amount of income tax and/or capital gains tax equal to the tax we reclaim on your donations, currently 28p for every £1 you give. Please include your home address and postcode below to enable us to do this.

Signature _____ Date _____

Name _____ Company _____

Home address _____

_____ Postcode _____ Email _____

*Any funds raised in excess of development needs will be redistributed to support young people with cancer through existing or new services in the local area or elsewhere.

Continued overleaf...

DATA PROTECTION

In accordance with the 1998 Data Protection Act, TCT would like to use your details to keep you informed about our work and send you further appeals for help. If you do not wish to receive further updates or information from TCT then please tick here

Once you have completed this form please send to the following address:

Teenage Cancer Trust Appeal

PO Box 14382

Solihull

B91 9JL

Thank you for your support



Maria. 17.* Likes holidays, healthy food, hanging out with friends and watching Birmingham City (home and away), dislikes dishonesty, hates being diagnosed with leukaemia, wants somewhere in hospital to be with people of her own age.

***Maria Watt (1988 – 2005)**

TCT would like to thank Maria Watt's family for allowing us to include her thoughts in this brochure. Maria was a kind, caring and considerate girl – a true and loyal friend. Her memory lives on today through the work of *The Maria Watt Birmingham Foundation for Childhood & Teenage Leukaemia* – a local charity established by Maria's mum Diane and her family.

Maria's courage and spirit is an inspiration to us all.

For more information:

www.mwb-leukaemia.org.uk

“Having two further Teenage Cancer Trust units in Birmingham means that young people from across the West Midlands will have access to the comprehensive services they need to help fight this terrible disease. Be involved with the health of your area. These are your hospitals, these are your teenagers, support them.”

Roger Daltrey CBE, Patron, TCT



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WITH SUPPORT FROM



Design: www.cantellday.co.uk

Find out more about Teenage Cancer Trust and the TCT Birmingham Appeal.

Teenage Cancer Trust Appeal

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Teenage Cancer Trust is a registered charity, no. 1062559